



Hawaii

Get fit. Get rewarded.

Kaiser Permanente Fit Rewards 2026

At Kaiser Permanente you have access to an exclusive fitness program through Fit Rewards powered by One Pass Select®. You can choose fitness centers¹ in the Classic, Standard, Premium, and Elite Network Tiers at different price points. **All tier memberships offer flexibility allowing you to visit any fitness center within the same tier at no additional cost.** You can change membership tiers monthly, and whichever tier you choose, you can earn a reward of up to \$200 per year.² Simply work out at your fitness center of choice at least 45 days for a minimum of 30 minutes per visit within the calendar year.

Classic Network Tier

You can earn a reward of up to \$200, equivalent to a free gym membership, by selecting a fitness center from the Classic Network Tier.

Standard, Premium, and Elite Network Tiers

Not finding your favorite gym in the Classic Network Tier? No worries. The Standard, Premium, and Elite tiers offer additional boutique fitness center and studio options at an additional fee to help you find your fit.

What if your favorite workout location isn't part of the Classic, Standard, Premium, and Elite Fitness Networks?

No problem! Use any qualifying nonparticipating fitness center by tracking your visits on the Optum Engage app.³ Just hit your gym 45 days for at least 30 minutes a visit by the end of the calendar year, and you'll earn your reward.

Optum Engage app

Download the Optum Engage app to check in at any fitness center, track your progress, and redeem your reward.

Find the best fit for the way you want to work out!

Choose one	Annual fee	Additional monthly fee ⁴	Your reward
Classic Network Tier	\$200	\$0	\$200
Standard Network Tier		\$25	
Premium Network Tier		\$65	
Elite Network Tier		\$115	
Qualifying Nonparticipating Fitness Centers		You pay standard retail fees directly to your fitness center	

¹ Fitness centers must be qualified fitness organizations operating for the general public.

² Rewards are limited to your annual program fee each calendar year. Taxes and additional fees you pay your fitness center for classes, services, or amenities are not included in the program and are not eligible for reimbursement. Please consult with your tax advisor about the taxability of the rewards. Except for earning your annual program fee back by exercising 45 days a year for at least 30 minutes per session at a fitness center, your annual program fee is not refundable and will not be prorated. Any 2026 reward not redeemed by March 31, 2027 will be ineligible for redemption.

³ The Rally Engage app will transition to the Optum Engage app effective January 1, 2026. Members who have downloaded Rally Engage may need to update to the latest version starting January 1, 2026.

⁴ Prices are subject to change.

Additional at-home resources

With Fit Rewards, you also have the following resources available to support home fitness and well-being:

Home fitness kits

Stay active no matter where you live or where you like to work out. Home fitness kits are available at no cost and mailed directly to you – limit one kit per calendar year. Call **877-265-2906** Monday through Friday, 8 a.m. to 9 p.m. Central Time to order your complimentary kit.

- **Strength kit:** Includes resistance and tubing bands, door anchor, and exercise cards focused on balance and coordination.
- **Yoga kit:** Includes a yoga mat, yoga block, and yoga strap.
- **Dance kit:** Includes a quick start guide, dance tutorial video, fresh and simple nutrition book, and everyday weight-loss plan.

On-demand workout videos

Work out at home with access to over 40,000 live or on-demand online fitness classes. Try the workout builder to get routines created just for you, no matter what your fitness level and interests are.

Healthy at home

Getting groceries and household essentials delivered to your home makes it easy to explore new foods and eat healthy.¹ As a member of Fit Rewards' Classic, Standard, Premium, or Elite Network Tiers you have the added perks of Walmart+ and Shipt.

• Walmart+

Save time and money through special benefits like same-day delivery from your local Walmart and so much more.

- ▶ \$0 annual subscription (\$98 value)
- ▶ \$0 delivery on orders \$35+
- ▶ \$0 shipping with no order minimum
- ▶ \$0 Paramount+ or Peacock subscription²
- ▶ Save 10¢ per gallon on fuel at over 13,000 stations nationwide
- ▶ Additional limited-time offers

• Shipt

Shipt connects you to reliable same-day delivery with a personal touch from beloved local grocers and national favorites like Target, Safeway, Times Supermarket, Petco, Lowe's and more.

- ▶ \$0 annual subscription (\$99 value)
- ▶ \$0 delivery fee on orders \$35+
- ▶ Same-day delivery available
- ▶ Exclusive member-only deals offered year-round

¹ Terms apply. For more information, visit onepassselect.com/faqs.

² Choose one ad-supported service every 90 days: Peacock Premium or Paramount+ Essential. Additional registration required. Terms and conditions apply.

Kaiser Permanente Fit Rewards is a value-added service available exclusively to Kaiser Permanente Hawaii members (16 years and older) and not part of your medical benefits. Medicare and QUEST (Medicaid) members excluded. Your annual program fee does not count toward your health plan's annual out-of-pocket maximum. For details, including limitations and exclusions, see your Evidence of Coverage. Kaiser Permanente Fit Rewards is administered by One Pass Solutions, Inc. through One Pass Select®. One Pass Select is a voluntary program. The information provided under these programs is for general informational purposes only and is not intended to be nor should be construed as medical advice. Talk to your doctor before increasing your level of activity, particularly if you have a medical condition or have been inactive. One Pass Select varies by plan/area. The programs are not responsible for the services or information provided by third parties. The programs may have tax implications. Employers and individuals should consult a tax professional to determine if they have any tax obligations. Your health information is kept confidential in accordance with the law. These services are not insurance programs and may be discontinued at any time. This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. All trademarks are the property of their respective owners.

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